How I transformed the loss of a beloved dog into a tribute honoring all dogs with Jacqueline Bokor

with Jacqueline Lemieux-Bokor · Hosted by Kathi Burns, CPO®, Business FLOW Strategist

Stylist and photographer Jacqueline Lemieux-Bokor lost her home, her portfolios and her Vizsla, Boris, in a house fire after Boris barked until the family woke up.

- [ ] Notice what has been pulling at your heartstrings and write it down.
- [ ] Take one small action this week toward the bigger thing that is calling you.
- [ ] List the talents you already have and ask how they could serve something that matters to you.
- [ ] When a friend loses a dog, give something personal they can hold instead of searching for the right words.
- [ ] Write down your favorite memories of your own dog while they are fresh.
- [ ] Print a photo of your dog and keep it with those memories in one place.
- [ ] Let the imperfections show in your own creative work instead of polishing them away.
- [ ] Look for ways to bring your community together around what you make.

Listen, read the transcript and get the links: addspacetoyourlife.com/podcast/dog-sympathy-gift-jacqueline-lemieux-bokor/
Feeling stuck in your business? Book a private 75-minute Business Logjam Session with Kathi
©2026 Add Space To Your Life · This checklist is for personal use; share the episode link rather than the file.