How to remove The 3 Biggest Blocks to Your Coaching Business Success with Brigette Sobus

with Brigette Sobus · Hosted by Kathi Burns, CPO®, Business FLOW Strategist

Brigette Sobus is a former award-winning salon owner who now runs The Power and Joy Coaching Academy, where she trains and certifies coaches.

- [ ] Write job descriptions and a compensation structure for your team.
- [ ] Set a clear way to run your team meetings.
- [ ] Hire a coach or mentor who is a few steps ahead of you.
- [ ] Before a big decision, ask whether your ego or your passion is making it.
- [ ] Notice where you can't say no, and look at the belief behind it.
- [ ] When someone lashes out at you, remind yourself it has more to do with them.
- [ ] When someone triggers you, notice what the trigger is pointing to in you.
- [ ] Track the tasks you resent during your week, and delegate them.

Listen, read the transcript and get the links: addspacetoyourlife.com/podcast/grow-a-coaching-business-brigette-sobus/
Feeling stuck in your business? Book a private 75-minute Business Logjam Session with Kathi
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