How to Use the Law of Attraction in Business with Eva Gregory

with Eva Gregory · Hosted by Kathi Burns, CPO®, Business FLOW Strategist

Business mentor Eva Gregory defines the Law of Attraction as getting more of whatever you focus on, with the emotional charge behind that focus doing the attracting.

- [ ] Write down what you've been focusing on lately and notice how much of it is what you don't want.
- [ ] Try the prosperity account: each day, write what you'd spend a growing imaginary balance on in your business.
- [ ] When you feel stuck, stop and ask yourself, "How do I want to feel?"
- [ ] Take one baby step at a time instead of waiting for a big leap, and cut yourself some slack.
- [ ] Turn one "what if" worry into a "what if up" question, such as "what if I get three new clients this week?"
- [ ] Ask who would be the best person to help you with your next step, and watch for the answers.
- [ ] Book a sacred day with no schedule and do whatever you feel inspired to do.
- [ ] Block project time in Google Calendar and put the links and next steps in each event's description.
- [ ] When a work block ends, note where you left off right in the calendar event.
- [ ] Download Eva's free 6 Key Elements infographic and apply it to your next post, email or free offer.

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